

Job Vacancy - Trainee Children's Wellbeing Practitioner

Job title: Trainee Children's Wellbeing Practitioner

Location: Birmingham and The Black Country with regular travel to The University of Northampton

Hours: Full-time (37.5 hours per week)

Salary: £27,485.00

Contract Type: One Year fixed term training post.

At Kapella we are entering an exciting phase of growth and are looking to expand our services supporting families and individuals and extend our reach across Birmingham, the Black Country, and surrounding areas.

This role provides the opportunity to complete the CYP IAPT, Children's Wellbeing Practitioner training. The successful candidate will work as a Trainee Children's Wellbeing Practitioner within Kapella, splitting their time between training at University, and carrying out clinical work.

We are looking for looking for a passionate and creative individual who is highly motivated, adaptable and flexible in their approach. Balancing the demands of the course with the fast-paced nature of the role can be difficult, therefore excellent organisational skills and time management are a must.

Study Requirement

This is a training role and successful candidates will be required to study with University of Northampton and complete assignments, with teaching being delivered through a blend of face-to-face and online learning.

The University course is not optional and candidates need to be in a position to enrol with and travel to University of Northampton.

Clinical Requirement

As skills develop, the successful candidate will hold a caseload of children and young people and deliver assessments and guided self-help interventions using a variety of mediums including CBT informed practice, psychoeducation and face-to-face and digital 1:1 delivery.

The post holder is expected to undertake Community based activities within the local area, considering how a community approach can support positive mental health and actively reduce stigma of common mental health problems. Clinical and managerial supervision is provided throughout.

Travel across the different localities across the Birmingham and Black Country Region is required.

Key Duties / Responsibilities

- To work with children, young people, and their families, on a one to one and group basis, using evidence based, guided self-help, informed by low intensity CBT.
- To carry out assessments to identify needs and to deliver appropriate low intensity evidence based therapeutic interventions to achieve positive outcomes
- To use appropriate outcome measures in all clinical work and supervisions.
- To complete parent specific work, either in a group format or on a one-to-one basis, to achieve the best outcome for the family.
- To ensure all interventions are service user led within the parameters of the service framework.
- To ensure all records are kept accurately and updated in a timely manner.
- To attend multi agency reviews and professionals' meetings, where required.
- To ensure that safeguarding and risk assessments are always robust.
- To attend regular clinical supervision, managerial supervision sessions, staff meetings and training events.
- To attend University and complete the stipulated University Course.
- To undertake any other duties commensurate with the post as directed by the relevant managers and as identified as service priority.

Person Specification

The CWP (Children's Wellbeing Practitioner) role is busy and fast paced. The ideal candidate should be able to manage their own diary, possess excellent time management skills, be comfortable with a level of risk and safeguarding, have a strong initiative and be willing to feed into the wider team. We are looking for enthusiastic individuals, ready for a challenge. Candidates will need to be focused on how to best meet the needs of the children, young people and families that enter the service, whilst having a positive and pro-active attitude towards learning.

Additional Criteria (E = Essential, D = Desirable)

Candidates will need to demonstrate and evidence the following:

- Experience in working with children, young people and their families with mental health challenges (E)
- Experience of delivering therapeutic interventions to children, young people and their families. (D)
- Experience of planning, evaluating and undertaking individual and/or group work interventions. (D)
- Willingness to participate in ongoing, continuous professional development. (E)
- Ability to manage a varied workload with competing deadlines and responsibilities. (E)
- Ability to work on own initiatives, work to tight deadlines and meet specific targets. (E)
- Ability to engage in regular Clinical Supervision. (E)
- Commitment to the values of Kapella.
- Excellent verbal and written communication skills, including telephone skills (E)
- Strong organisational skills
- Experience and/or training in risk assessment (D)

Please note there are 2 levels of study for this course, and you will need to be eligible for one of the two (E):

- 1) Undergraduate route (Level 5) – A-levels or Equivalent
- 2) Postgraduate route (Level 7) - Honours degree graded at 2:2 or above

About Kapella

Kapella's mission is to build better relationships and improve the wellbeing of families and individuals. We provide accessible and affordable services, including counselling, family mediation, training, ADHD support and domestic abuse programmes across Birmingham and the Black Country.

Why join Kapella?

Play a key role in expanding essential services to families and children and young people across Birmingham and the Black Country.

Be part of a passionate, supportive, and values-driven team.

Significant opportunity to qualify as a Children's Wellbeing Practitioner.

Regular supervision provided

Opportunities to work with the wider counselling and wellbeing team.

How to apply

To apply for this post, please complete the provided application form and send to danielle.prince@relatebirmingham.co.uk by 23.59 on Sunday 16th November.

Interviews will be held on the 3rd and 4th of December.

All applicants will need to be available to start the post by 19th January 2026.

Our commitment to Equality, Diversity and Inclusion (EDI) is reflected in our values and our practice. We want to ensure that the diversity of our teams is reflective of the communities we serve and that we continue to learn and develop our work with a focus on inclusion.

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