

WellPath Project - (WPP)

A Wellbeing Service for the Neurodivergent Community



Delivered by Ways for Wellbeing UK CIC, Resources for Autism and Kapella Counselling



A new 18-month, community-led support pathway for autistic people and people with learning disabilities across Birmingham and Solihull.



The partnership combines autism-specific counselling, trauma-informed therapy and proactive wellbeing coaching to provide accessible, preventative support that helps people manage their wellbeing and avoid escalation into crisis.



A No-Wrong-Door Pathway



Through a single referral route and joint triage, people can access the right support at the right time. Regardless of where someone enters the service, they can be connected seamlessly to the most appropriate support across the partnership, including counselling, coaching or specialist autism support.



Support is delivered in accessible, sensory-friendly community settings, helping to reduce barriers and improve engagement.



Together, the three organisations provide specialist expertise in autism, counselling, trauma, emotional regulation, wellbeing coaching and early intervention.



The partnership aims to improve access, reduce health inequalities, prevent crisis escalation and support people to build resilience and manage their wellbeing within their own communities.

A joined-up, preventative and person-centred approach to community mental health support.

Referral Form Link:

<https://airtable.com/appZXCfLj8qpfcHdI/pagebioqcMa4B2U5F/form>

