

WellPath Project-WPP

A No Wrong Door Pathway



one seamless referral route and joint triage, get the right support at a time that is right for you. Support for your Mental Health and to be connected to the best support across the partnership



available to adults children and young people - delivered in accessible, sensory friendly community settings, helping to reduce barriers to support and improve your mental health and wellbeing



A partnership of three organisations meaning individuals can access specialist expertise in personalised strengths based counselling, trauma, informed wellbeing coaching, support for emotional regulation, stress, depression, anxiety and other mental health concerns

A Collaborative Vision for Health Equity

The WellPath Project embodies Birmingham and Solihull's commitment to inclusive, preventative mental health care

Uniting Third Sector expertise with NHS transformation priorities, to deliver a "no fail" model of shared accountability and community resilience.

Referrals can be made via the Referral Form link shown here: **[Referral Form](#)** or the QR code shown on the right

SCAN ME



Ways for
Wellbeing

Kapella
Relationship & Wellbeing Support

resources for
autism

WellPath Project-(WPP)

A Wellbeing service for the Neurodiverse Community

Delivered by Ways for Wellbeing UK CIC,
Resources for Autism and Kapella

A new 18-month, community-led
support pathway for autistic people and
people with learning disabilities across
Birmingham and Solihull

no more jumping though hoops

Three amazing organisations combining forces
to bring integrated autism-specific counselling,
trauma-informed proactive wellbeing coaching
through a seamless pathway

The partnership is a pilot being delivered
through funding from BSOL NHS'
and their commitment to
Learning Disabilities & Autism support

70% reliable improvement in wellbeing scores

Maximum 2 week wait to first contact

25% reduction in missed appointments

Reduced hospital admissions through early
intervention and stepdown support



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